



TOUR

- Schwierigkeit / Difficoltà **mittel / media**

- Länge / Lunghezza: ca. 32 km

- Höhenmeter / Dislivello: ca. 620 m

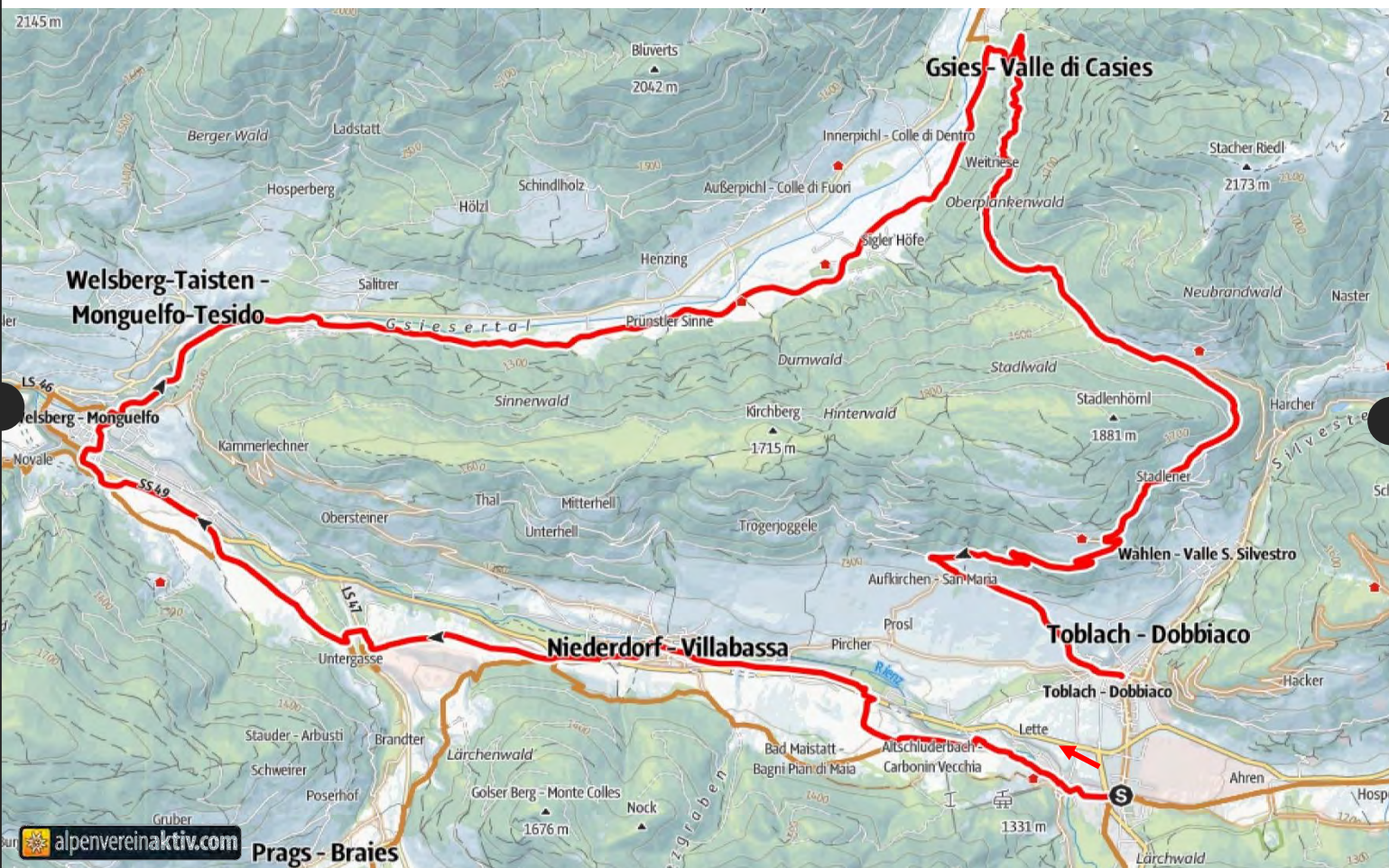
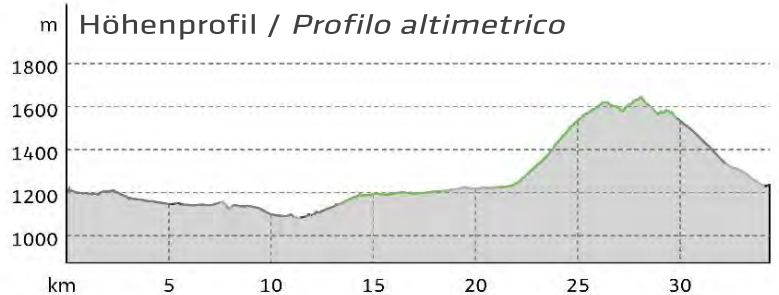
- Kondition / Impegno fisico: ●●○○○

- Fahrtechnik / Tecnica: ●○○○○

- Panorama / Panorama: ●●●○○

- Dauer / Durata: 3-4 h

- Start: Toblach / Dobbiaco



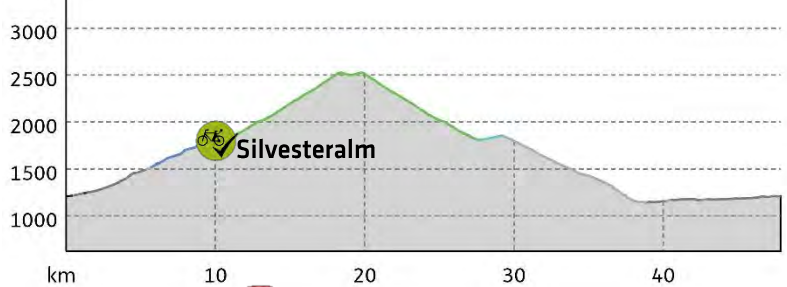
MTB-TOUR 2: Marchkinkele / Cornetto di Confine



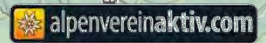
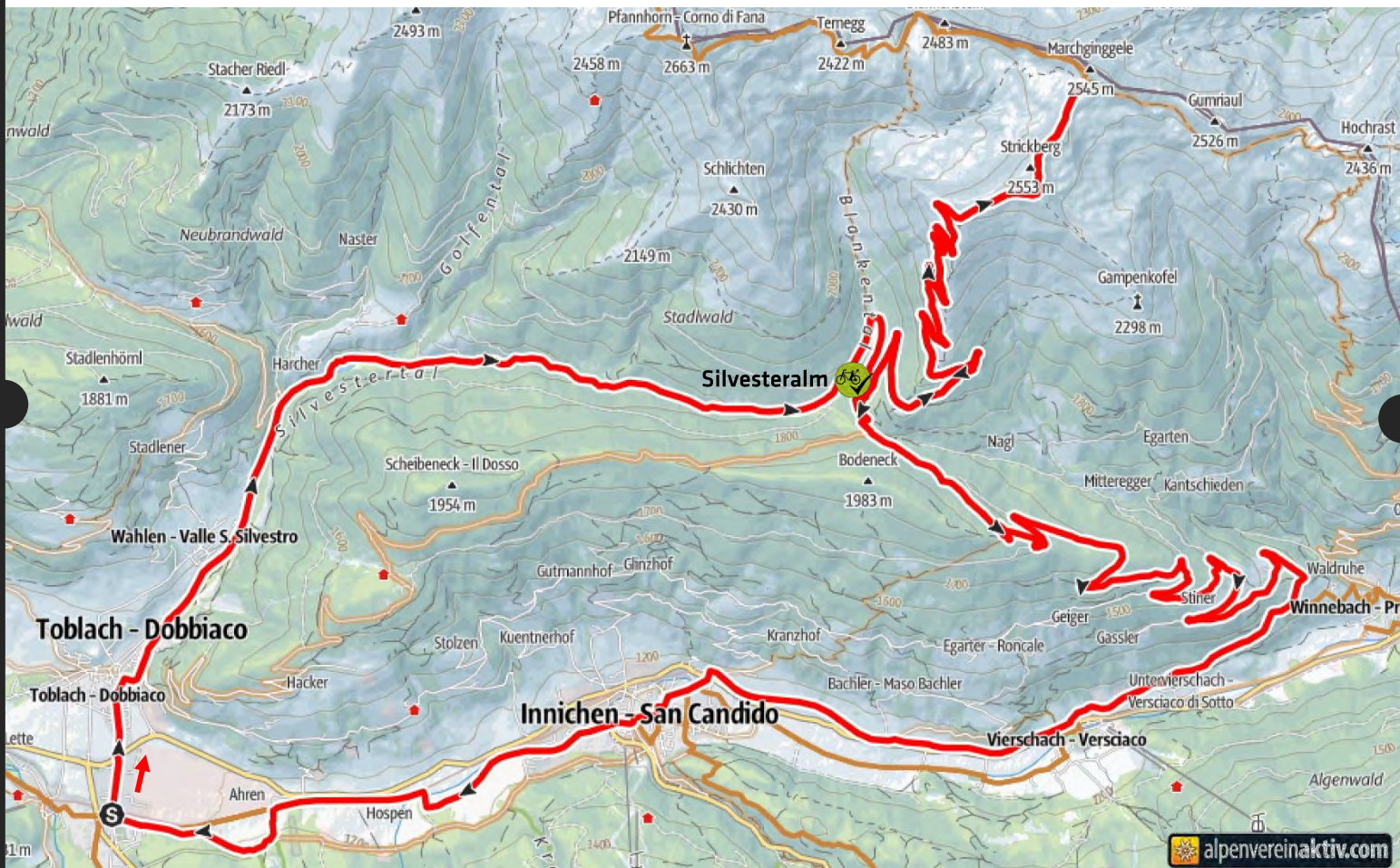
TOUR

- Schwierigkeit / Difficoltà: **schwer / difficile**
- Länge / Lunghezza: ca. 48 km
- Höhenmeter / Dislivello: ca. 1.500 m
- Kondition / Impegno fisico: ●●●●●
- Fahrtechnik / Tecnica: ●●●○○
- Panorama / Panorama: ●●●●●
- Dauer / Durata: 6 h
- Start: Toblach / Dobbiaco

Höhenprofil / Profilo altimetrico



GPX downloaded in the hotel!



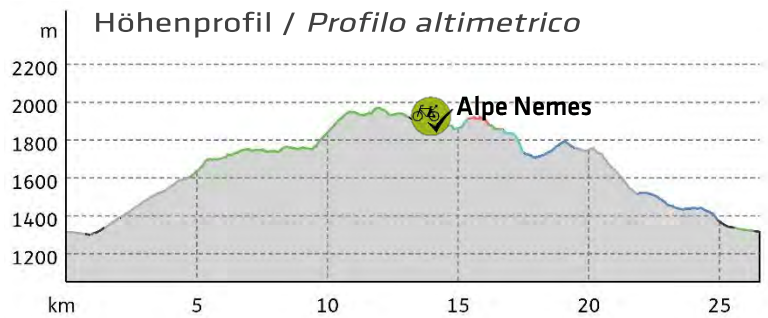


MTB-TOUR 3: Almrunde / AlpTour



TOUR

- Schwierigkeit / Difficoltà: **mittel / media**
- Länge / Lunghezza: **ca. 27 km**
- Höhenmeter / Dislivello: **ca. 820 m**
- Kondition / Impegno fisico: **●●●○○**
- Fahrtechnik / Tecnica: **●●●●○**
- Panorama / Panorama: **●●●●○**
- Dauer / Durata: **4 h**
- Start: **Sexten / Sesto**





TOUR

- Schwierigkeit / Difficoltà **schwer / difficile**

- Länge / Lunghezza: ca. 49 km

- Höhenmeter / Dislivello: ca. 1.200 m

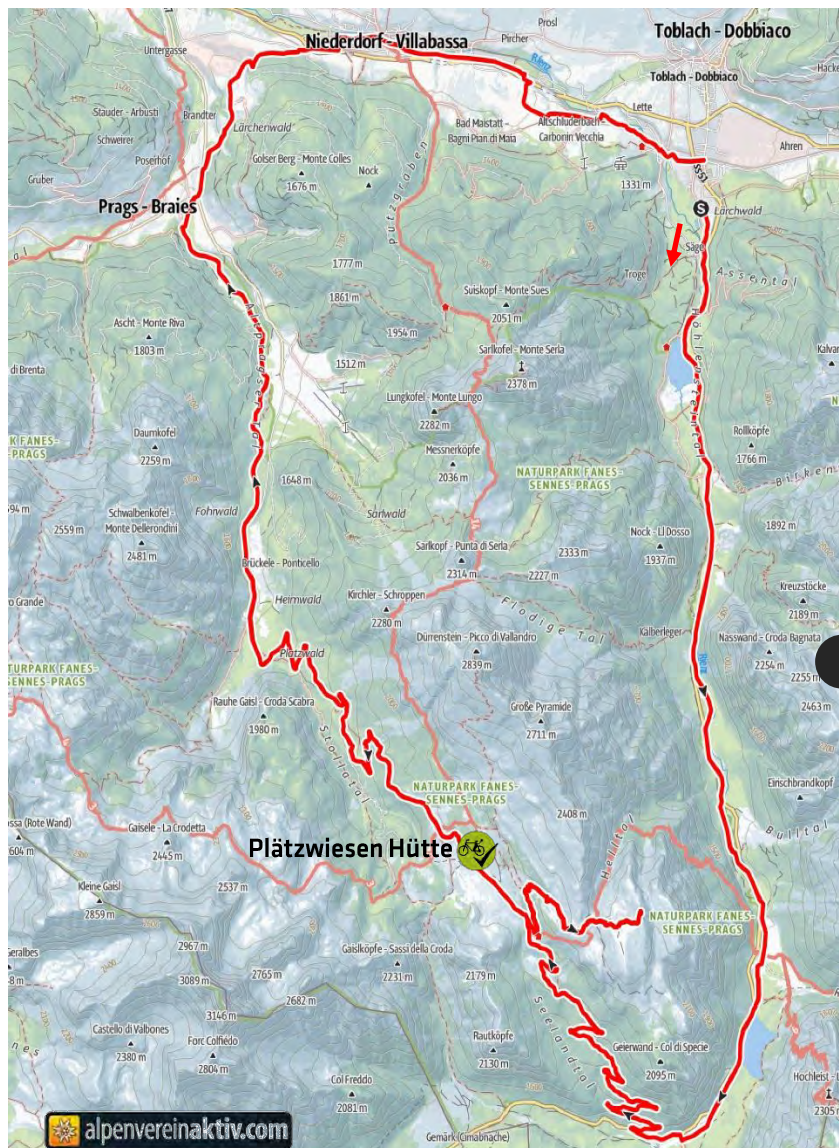
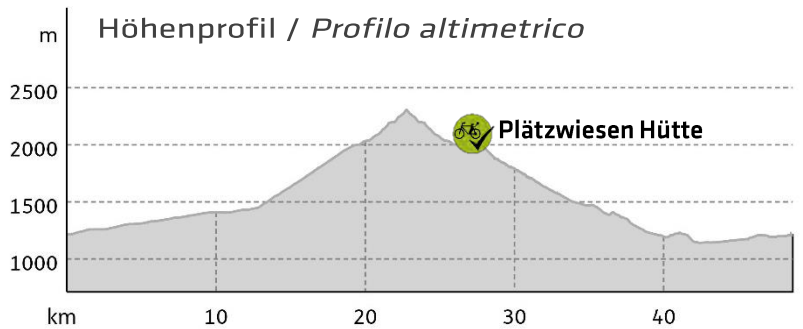
- Kondition / Impegno fisico: ●●●●○

- Fahrtechnik / Tecnica: ●●●○○

- Panorama / Panorama: ●●●●○

- Dauer / Durata: 4-5 h

- Start: Toblach / Dobbiaco

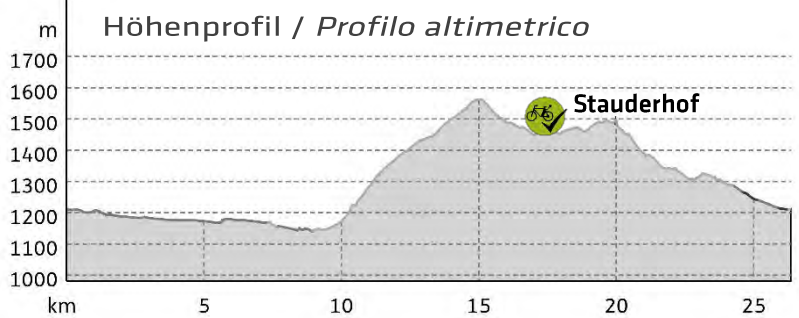


MTB-TOUR: Haselberg/ Costa dei Nosellari



TOUR

- Schwierigkeit / Difficoltà **leicht / facile**
- Länge / Lunghezza: ca. 27 km
- Höhenmeter / Dislivello: ca. 480 m
- Kondition / Impegno fisico: ●●○○○
- Fahrtechnik / Tecnica: ●○○○○
- Panorama / Panorama: ●●●○○
- Dauer / Durata: 2-3 h
- Start: Toblach / Dobbiaco



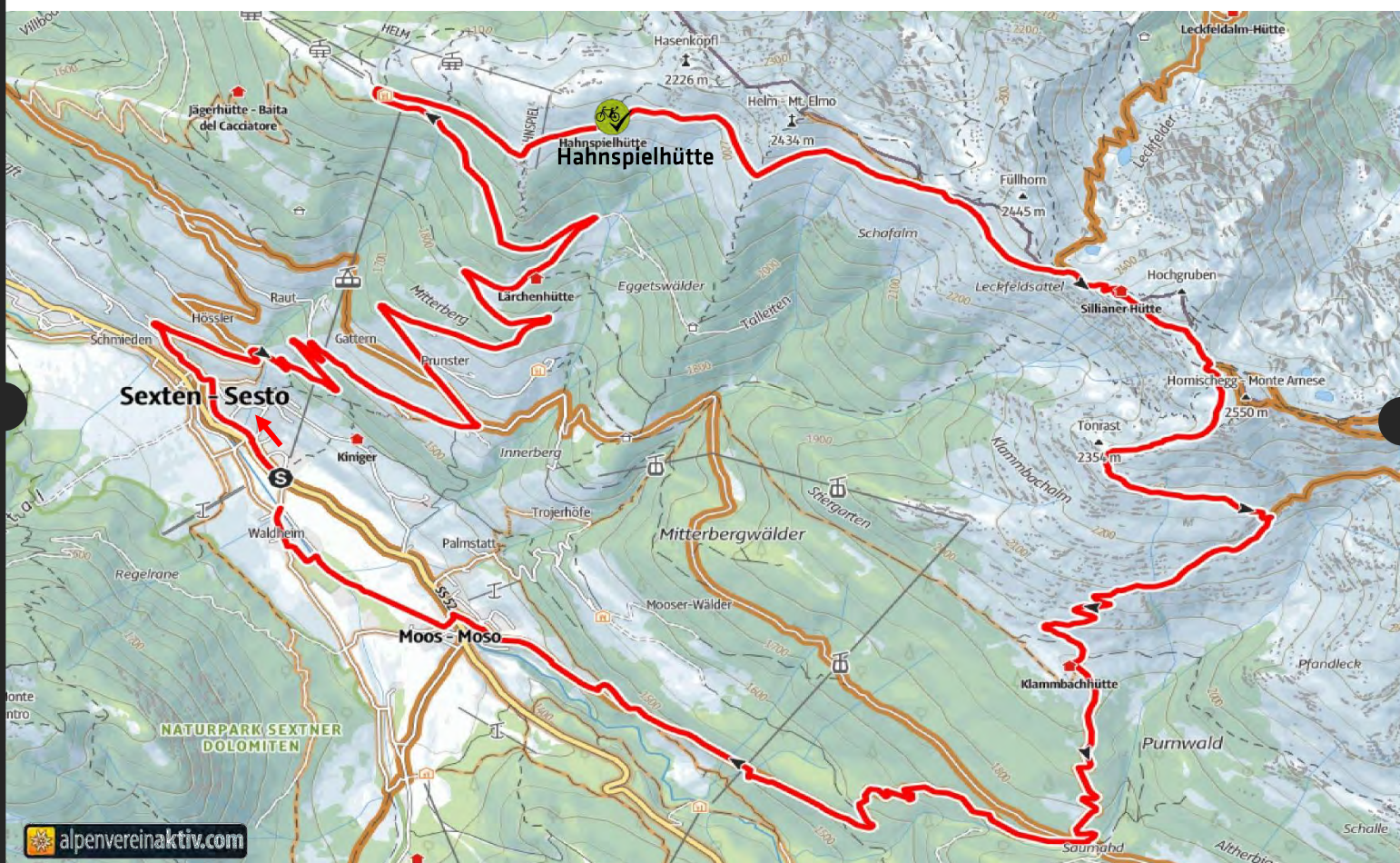
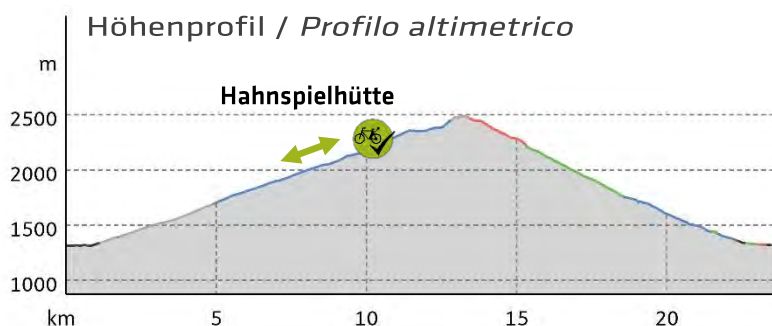
alpenvereinaktiv.com

NATURPARK SEXTNER DOLOMITEN



TOUR

- Schwierigkeit / Difficoltà: schwer / difficile
- Länge / Lunghezza: ca. 25 km
- Höhenmeter / Dislivello: ca. 1.200 m
- Kondition / Impegno fisico: ●●●●○
- Fahrtechnik / Tecnica: ●●●●●
- Panorama / Panorama: ●●●●●
- Dauer / Durata: 4-5 h
- Start: Sexten / Sesto



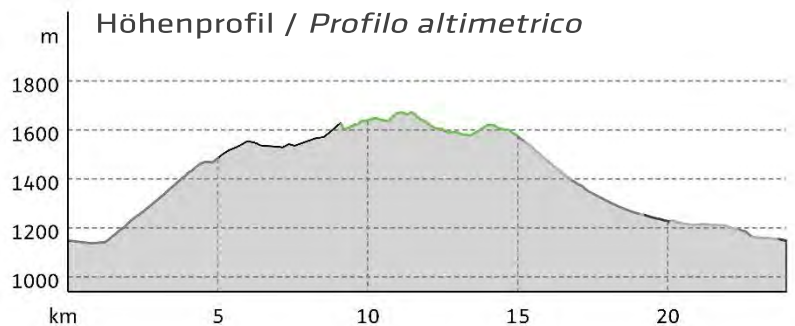


MTB-TOUR 7: Eggerberg / Montecosta



TOUR

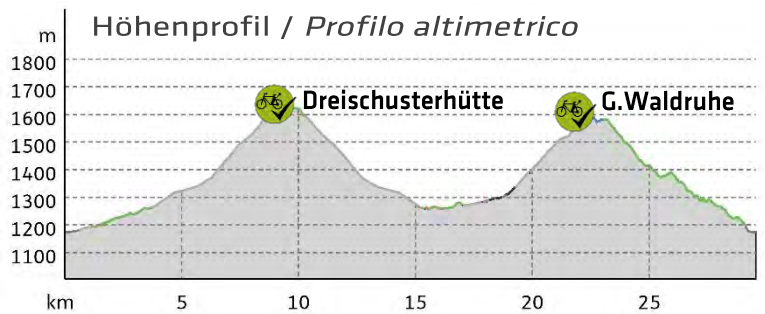
- Schwierigkeit / Difficoltà **leicht / facile**
- Länge / Lunghezza: ca. 24 km
- Höhenmeter / Dislivello: ca. 600 m
- Kondition / Impegno fisico: ●●●○○
- Fahrtechnik / Tecnica: ●○○○○
- Panorama / Panorama: ●●●○○
- Dauer / Durata: 3 h
- Start: **Niederdorf / Villabassa**





TOUR

- Schwierigkeit / Difficoltà **mittel/ media**
- Länge / Lunghezza: ca. 30 km
- Höhenmeter / Dislivello: ca. 800 m
- Kondition / Impegno fisico: ●●●○○
- Fahrtechnik / Tecnica: ●●●○○
- Panorama / Panorama: ●●●○○
- Dauer / Durata: 3-4 h
- Start: Innichen / San Candido



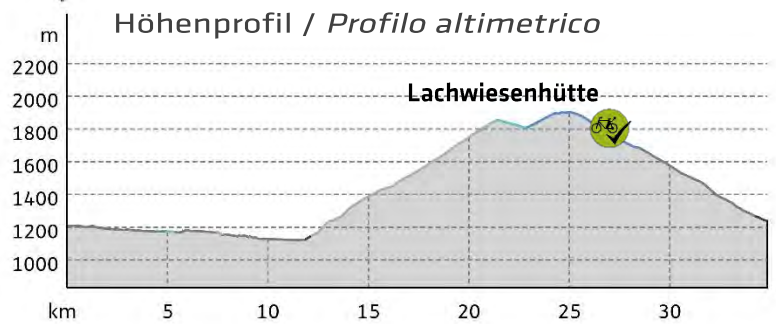


MTB-TOUR 10: Lachwiesenhütte / Rif.Lachwiesen



TOUR

- Schwierigkeit / Difficoltà **mittel/ media**
- Länge / Lunghezza: ca. 33 km
- Höhenmeter / Dislivello: ca. 830 m
- Kondition / Impegno fisico: ●●●○○
- Fahrtechnik / Tecnica: ●○○○○
- Panorama / Panorama: ●●●○○
- Dauer / Durata: 3-4 h
- Start: Toblach / Dobbiaco





TOUR

- Schwierigkeit / Difficoltà **mittel/ media**

- Länge / Lunghezza: ca. 22 km

- Höhenmeter / Dislivello: ca. 800 m

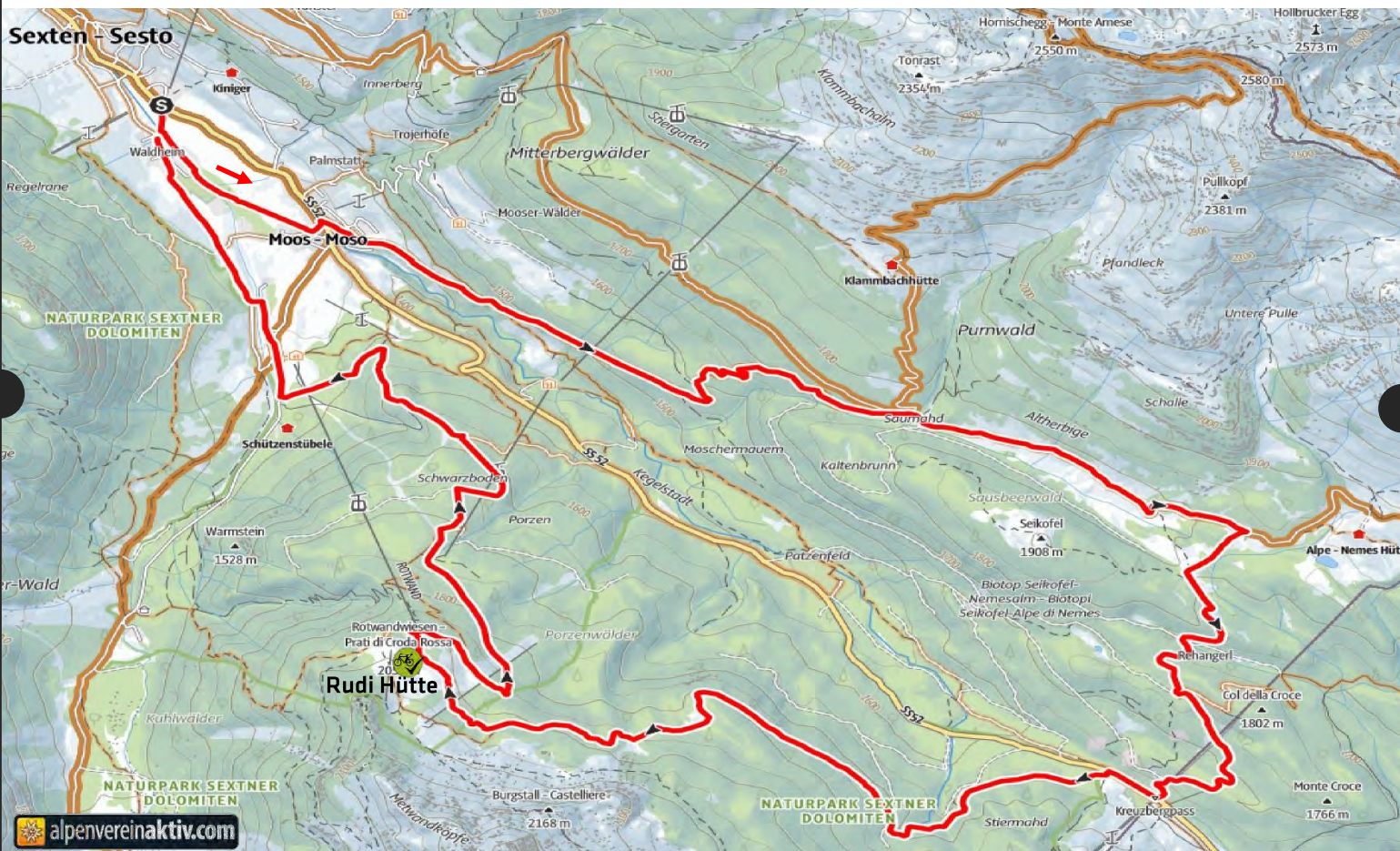
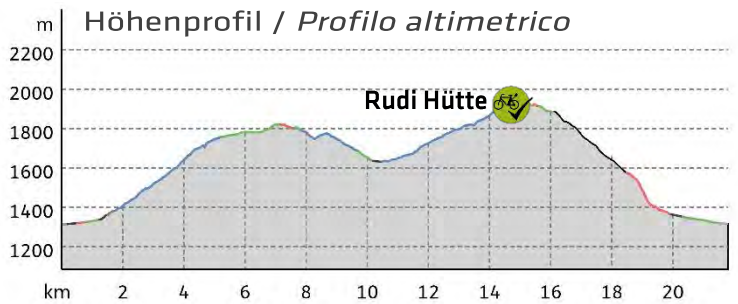
- Kondition / Impegno fisico: ●●●○○

- Fahrtechnik / Tecnica: ●●●●○

- Panorama / Panorama: ●●●●○

- Dauer / Durata: 3-4 h

- Start: Sexten / Sesto





MTB-TOURS: 3 ZINNEN DOLOMITES

1. Gsies / Valle di Casies
2. Marchkinkele / Cornetto di Confine
3. Almrunde / AlpTour
4. PlätZRunde / Giro Monte Specie
5. Haselberg / Costa dei Nosellari
6. Helm / Monte Elmo
7. Eggerberg / Montecosta
8. Innerfeldtal / Campo di Dentro
9. Lachwiesenhütte / Rif. Lachwiesen
10. Rotwand / Croda Rossa